

## CONTACT LENS RESEARCH QUESTIONNAIRE

This questionnaire relates to your contact lens use. We expect this activity to take approximately 10 mins to complete. At the end of questionnaire, your used contact lens case will be collected for laboratory analysis of contamination and you will be given a replacement

HC16735

Name

Age

### CONTACT LENS HISTORY

For how long have you been a contact lens wearer?

- 1-3 months
- 4-6 months
- 7-11 months
- 1-2 years
- 3-5 years
- 6-10 years
- Morethan 10 years

What type of contact lenses do you usually wear?

- Soft (including spherical or toric lenses)
- Hard / Rigid gas-permeable
- Other

Please specify the type of lens here

How often do you REPLACE your lenses with a NEW pair ? (count the days since you first inserted them, not the number of times you wear them)

- Weekly
- Every 2 weeks
- Monthly
- 3 Monthly
- 6 Monthly
- Yearly
- Other

Please specify

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How many DAYS per WEEK do you wear lenses on average?

- Less than once per week
- 1-4 days per week
- More than 4 days per week

How many HOURS per DAY do you wear contact lenses on average?

Hours

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When was the last time you napped in lenses during the day?

- Never
- Please specify:

Days/Months

.....

When was the last time you slept in your contact lenses OVERNIGHT (including forgetting to remove them at night)?

- Never
- Wearing Ortho-K
- Please specify:

Please specify how many days/months ago

.....

How often do you sleep in your contact lenses OVERNIGHT?

nights per MONTH

.....

nights per YEAR

.....

Where do you purchase your lenses?

- Directly from an optometrist's practice or optical outlet
- Via the internet from an online website that is associated with your optometric practice
- By pre-arrangement with an optometrist via postage or email
- Via the internet from any other online contact lenses website
- From a cosmetic store (for example, Gloss)
- Others

Please Specify

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How old are your current contact lenses?

Days

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Weeks

.....

Months

.....

Years

.....

**SOLUTION HISTORY**

How often do you use a disinfecting solution?

- Sometimes
- Every time I reuse my lenses
- I don't use disinfecting solution (please specify what you use e.g. tap water / saline?)

Please specify

What is / are your solution(s) called? Unsure of solution name? Please consult the 'CONTACT LENS AND SOLUTIONS FILE'

- Activize (OPSM-own brand)
- AQUify (CIBA Vision)
- BioTrue Multi-Purpose solution (Bausch & Lomb)
- COMPLETE Easy-Rub (Allergan/AMO)
- Lens Plus Ocupure – Saline (AMO)
- Easyvision (Specsavers-own brand)
- OPTI-FREE Ever/PureMoist (Alcon)
- OPTI-FREE Replenish (Alcon)
- ReNu Fresh (Bausch & Lomb)
- ReNu MultiPlus (Bausch & Lomb)
- ReNu Sensitive (Bausch & Lomb)
- RevitaLens OcuTec (AMO)
- AOSept Plus (CIBA Vision)
- ReNu EasySept Hydro+peroxide (Bausch & Lomb)
- OXYSEPT 1 and 2 (AMO)
- Boston Advance Cleaning
- Boston Simplus Multi-Action
- Boston One-Step Enzyme cleaner
- Progent Intensive Cleaner (Menicon)
- MeniCare Plus Multipurpose Sol'n for RGPs
- Total Care 1 (AMO)

Did you pour/decant your disinfecting solution into another container for storage?

- Yes
- No

Did you use decanted solution the last time you rinsed your lenses?

- Yes
- No
- Unsure
- Not applicable

Did you RUB your lenses the last time before you stored them?

- Yes
- No
- Unsure

Did you RINSE your lenses the last time before you stored them?

- Yes
- No
- Unsure

What do you RINSE your lenses with? (tick more than one if applicable)

- Tap water
- Disinfecting solution
- Others

Please specify

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Did you RINSE your lenses the last time before you inserted them into your eyes?

- Yes
- No
- Unsure
- If not, why not?

Please specify

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After you took out your contact lenses out of your storage case for insertion, did you RINSE the case?

- Yes
- No
- Unsure

What did you rinse your case with (if more than one is applicable, specify ONLY THE LAST ONE used)?

- Saline
- Water
- Disinfecting solution
- Others (Please specify)
- Unsure
- Not applicable

How old is your current case?

- Days
- Months

Please mention the number of days/months here

How often to you replace your lens case?

- Every month
- Every 3 months
- Every 3-6 months
- Every year
- Longer than a year

## ENVIRONMENT

Did you wash your hands with soap before you handled your lenses the last time?

- No
- Yes
- Unsure

Did you dry your hands before you handled your lenses the last time?

- No
- Yes
- Unsure

Where did you last carry out contact lens insertion and removal?

- Bathroom
- Kitchen
- Bedroom
- Others

Please specify

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Did you change your lenses in your normal place of residence

- Yes
- No

Did you wear your contact lenses the last time you showered

- Yes
- No
- Unsure

If yes, when did you shower?

- Morning
- Evening
- Both

When did you LAST go swimming with your lenses in?

- Have never swum in lenses
- Days/Months ago

Please mention the number of days/months here

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Where did you last go swimming with your lenses in?

- Sea / River / Lake (swim)
- Backyard / private pool
- Public pool
- Ocean (surf)
- Spa / Hot tub

Did you wear swimming goggles last time you swam with your lenses in?

- Yes
- No

Do you currently smoke:

- No
- Yes

If you do not currently smoke, have you ever smoked in the past:

- No
- Yes

## EYE CARE

If discomfort is experienced during lens wear, do you USUALLY ... (tick all applicable)

- continue lens wear
- use eye drops
- remove, rinse lens with saline or disinfecting solution and reinsert
- remove, rinse lens with anything I can find e.g. in mouth, under the tap and reinsert
- stop lens wear for the day
- use a new lens
- see an eye care practitioner

Have you been aware of any media coverage (such as newspapers, TV, radio) of eye infections with contact lenses in the past 2 years?

- Yes
- No
- Not sure



If "Yes", did your behaviour change as a result of the media coverage? (please describe how your behaviour changed following the media coverage?)

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**DEMOGRAPHICS:** We would like to collect the following information for research purpose. Any information obtained in this questionnaire will be presented in the form of group data, where no identification of the individual will occur.

Are you:

- Male
- Female
- Prefer not to answer

Which one best applies as your descent?:

- Australian/New Zealander
- Chinese
- English (UK)
- American
- European (Other than UK)
- African
- Pacific /Islander
- Middle Eastern
- Hispanic
- South east Asian
- Others

Please specify

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Highest Level of Education:

- No formal qualification
- Primary school
- High school
- Certificate / diploma
- Bachelor Degree
- Post-graduate Degree
- Other (please specify:

Which of these categories best describes your total combined family income for the past 12 months?

- \$1 to \$199 per week (\$1 -10,399 per year)
- \$200 to \$299 per week (\$10,400-15,599 per year)
- \$300 to \$399 per week (\$15,600-20,799 per year)
- \$400 to \$599 per week (\$20,800-31,199 per year)
- \$600 to \$799 per week (\$31,200-41,599 per year)
- \$800 to \$999 per week (\$41,600-51,199 per year)
- \$1000 to \$1249 per week (\$52,000-64,999 per year)
- \$1250 to \$1499 per week (\$65,000-77,999 per year)
- \$1500 to \$1999 per week (\$78,000-103,000per year)
- \$2000 or more per week (\$104,000 or more per year)
- Don't know
- Prefer not to answer this question

How many people are currently living with you, including yourself?

No of People

Of these people, how many are dependents?

Number of dependents

Which best describes your status of employment?

- Not working/Retired
- Student
- Home Duties
- Employee (go to Q8)
- Self-employed with employees (go to Q9)
- Self-employed / freelance without employees (go to Q10)

For employees ONLY: indicate below how many people work (worked) for your employer at the place where you work (worked).

Number of People

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For self-employed: indicate below how many people you employ (employed).

- 1 to 24
- 25 or more

Do (did) you supervise any other employees? A supervisor or foreman is responsible for overseeing the work of other employees on a day-to-day basis

- Yes
- No

Please give your occupation AND tick one box to show which best describes the sort of work you do. (If you are not working now, please tick a box to show what you did in your last job ) PLEASE TICK ONE BOX ONLY

- Managers
- Chief Executive/General Managers
- Legislators
- Farm/Aquaculture/Crop/Live Stock Managers
- Advertising/Sales Managers
- Construction/Engineering/Production/Supply and Distribution Managers
- Educational Managers/School Principal
- Hospitality/Café/Restaurant/Hotel/Motel Managers
- Event Organiser/ Amusement/Fitness Centre/Call Centre Managers
- Professionals
- Arts: Music/Photographers//Visual Arts and Craft /Authors/Film/TV/Journalists
- Business: Accountants/Auditors/Financial brokers/Human Resource/Actuaries/Economists/Librarians
- Engineering: Civil/Electric/Mining/Chemical/Industrial Engineers
- Designers: Surveyors/Planners/Urban planners/ Interior/Graphic/Web/Fashion Designers
- Scientists: Natural and Physical science/ Pharmacists/ Geologists/Environmental/Veterinarians /Medical Laboratories/Agricultural professionals
- Educational: School teachers/University Lecturers/Private Tutors
- Health: Dietians/ Medical imaging /Pharmacists/Optometrists/Dentists/Physiotherapists/Midwives/Nurses
- Medical Practitioners: Anaesthetists/Surgeons/Psychiatrists/Specialist Physicians
- Information Technology: Business/System Analysts/ Telecommunication/Software and Applications Programmers/Network and Support professionals
- Legal: Judicial Officers/Lawyers/Barristers /Solicitors
- Social and Welfare: Counsellors/Psychologists/Social workers/Ministers of Religion/Community Art Workers
- Technicians and Trades Workers
- Engineering/ICT and Science Technicians / Safety Inspectors/Telecommunication Trades
- Automotive Electricians/Mechanics /Aircraft Maintenance Engineers
- Panelbeaters and Vehicle Body Builders/Trimmers/Painters
- Construction Trade/Floor Finishers/Glaziers

- Bakers/Pastrycooks/Chefs/Butchers
- Animal Attendants/Veterinary Nurses/Shearers/Florists/Gardeners
- Hairdressers/Textile, Cloth and Footwear Trade/Upholsterers/Cabinetmakers/Wood Workers
- Jewellers/Signwriters/Gallery, Library and Museum Technicians/Performing Arts Technicians
- Community and Personal Service Workers
  - Health and Welfare: Ambulance Officers/Dental Technicians/Therapists/Enrolled and Mothercraft Nurses/Indigenous Health worker
- Carers & Aides: Child Carers/Education aides/Aged and Disabled Aids
- Hospitality: Bar Attendants/Café Workers/Waiters/Gaming Workers
- Protective Services: Defence Force Members/Police/Fire Fighters/Prison Officers
- Sports: Sports Coaches/Sports persons/Fitness Instructors/Outdoor Adventure Guides
- Personal service: Beauty therapists/Funeral workers/Driving Instructors/Travel Attendants/Travel Advisors
- Clerical and Administrative Workers
  - Office/Practice Managers/Personal Assistants/Secretaries /Receptionists
  - General clerks/Call or Contact Centre workers
  - Accounting clerks/Bookkeepers/Payroll Clerks/Credit and Loan Officers/Bank Workers
  - Betting Clerks/Filing and Registry Clerks/Mail Sorters/Survey Interviewers/Couriers and Postal Workers
  - Court or Legal clerks/Conveyancers/Debt Collectors/Human Resource clerks/Inspectors and Regulatory Officers/Librarians
- Insurance Investigators
- Sales Workers
  - Sales Representative: Insurance & Stock Agents/Auctioneers/Real Estate Sales Agents
  - Sales Assistants and Sales Persons: Motor Vehicle /Pharmacy/Retain/Service Station Attendants/Information Technology and Communication/ Street Vendors
  - Sales Support Workers: Check out Operators/Office Cashiers/Telemarketers/Ticket Salespersons/Models and Sales Demonstrators/Visual Merchandisers/Retail Buyers
- Machinery Operators and Drivers
  - Machinery and Plant Operators: Clay/Concrete/Glass/Stone Processing
  - Mobile Plant Operators: Agricultural/Forestry/Earthmoving Plant / Forklift Operators
  - Road and Rail: Automobile drivers/Bus and Coach Drivers/Delivery Drivers/ Truck Drivers/Train and Tram Drivers
- Labourers

- Cleaners and Laundry workers: Commercial/Domestic/House keepers/Car Detailers
- Construction and Mining: Building and Plumbing/Concreters/Fencers/Paving and Surfacing/Insulation /Home improvement/ Railway Track Workers/Structural Steel construction
- Factory Process Workers: Meat /Seafood/ Metal Engineering/Plastic and Rubber / Timber and Wood/ Product Assemblers Product Quality Controllers/
- Farm, Forestry and Garden workers: Aquaculture/Crop Farm/Forestry/Logging/ Garden/Nursery/Livestock
- Food Preparation: Fast food Cooks/Kitchenhands/Food Trade assistants
- Miscellaneous: Shelf Fillers/Freight and Furniture Handlers/Handypersons/Printing Assistants/Motor Vehicle Parts/Recycling and Rubbish collectors/Vending Machine Attendants

**THANK YOU VERY MUCH FOR YOUR HELP WITH OUR STUDY. PLEASE CLICK THE "SUBMIT" BUTTON BELOW☺**

SCHOOL OF OPTOMETRY AND VISION SCIENCE, UNSW