

PARTICIPANT INFORMATION SHEET AND CONSENT FORM

You have been advised to seek assistance to improve your semen quality. Currently, there are no known treatments that are proven to improve the semen count although there are many claims.

Our study is to trial the standard medication of Conceive Well Men (Blackmores) that has been claimed to improve semen quality. Semen production extends over a 3 month period. To maximise the effect of these medications, 3 capsules need to be taken per day for 6 months. 2 followup semen analyses will be undertaken at 3 months and 6 months after you start your medications.

It is **ESSENTIAL** that you do not take any other supplementary medications during this study period. Participation in the study does not prevent you undertaking fertility treatments in the meantime.

There are no known side effects of the medication in the dosages we will recommend. However, this product can be toxic in high doses due to selenium. Therefore we instruct that you should not exceed the daily dose of 3 tablets.

IVF Australia and Blackmores will not be involved in the conduct, outcomes and data collection of the study.

Thank you for taking the time to consider this study.

If you wish to take part in it, please sign the attached consent form.

CONSENT

I have read the patient information sheet and agree to joining the study and undertaking a semen analysis, which would involve 6 months of medication and a repeat semen analysis at the time.

I understand that I can withdraw from the study at any time without prejudice to my relationship to the University of New South Wales and the School of Women's and Children's Health, Royal Hospital for Women.

I agree that research data gathered from the results of the study may be published, provided that I cannot be identified.

Signature of participant

Please PRINT name

Date

Signature of witness

Please PRINT name

Date
