



THE UNIVERSITY OF QUEENSLAND
Institutional Human Research Ethics Approval

Project Title: Improving High Intensity Interval Training (IMPROVE HIIT)

Chief Investigator: Ms Camilla Williams, Prof Jeff Coombes

Supervisor: Prof Jeff Coombes, Dr Nir Eynon

Co-Investigator(s): A/Prof Jonathan Little, Dr Luciana Torquati, Dr Ilaria Croci

School(s): School of Human Movement and Nutrition Sciences

Approval Number: 2018000398

Granting Agency/Degree: PhD

Duration: 23rd October 2019

Comments/Conditions:

- HREA Application CW03162, 23/04/2018
- Supervisor endorsement – Jeff Coombes, 17/03/2018, 20/04/2018
- Protocol v2 06/04/2018
- PICF v2 06/04/2018
- Radiation Assessment, 20/04/2018

Note: if this approval is for amendments to an already approved protocol for which a UQ Clinical Trials Protection/Insurance Form was originally submitted, then the researchers must directly notify the UQ Insurance Office of any changes to that Form and Participant Information Sheets & Consent Forms as a result of the amendments, before action.

Name of responsible Committee:

University of Queensland Human Research Ethics Committee A

This project complies with the provisions contained in the *National Statement on Ethical Conduct in Human Research* and complies with the regulations governing experimentation on humans.

Name of Ethics Committee representative:

Professor Emerita Gina Geffen

Chairperson

University of Queensland Human Research Ethics Committee A

Registration: EC00456

Signature _____

Date _____

23/04/2018