**Participant ID:** \_\_ \_\_ \_\_

**Period** (check one)

[ ]  Intake [ ]  4 months [ ]  8 month [ ]  12 month

**CLINICAL RECORDS**

|  |
| --- |
| **Height:** \_ \_ \_.\_ cm/in **Weight:** \_ \_ \_.\_\_ kg/lb[ ]  Height not measured [ ]  Weight not measured**BMI:** \_ \_ \_.\_ Kg/m2**Waist circumference(wc):** \_\_\_\_\_\_\_cm/in [ ]  wc not measured**Systolic blood pressure:** \_ \_ \_ mmHg**Diastolic blood pressure:** \_ \_ \_mmHg [ ]  BP not measured |

**LABORATORY TEST RESULTS**

|  |
| --- |
| **FBG:** \_ \_ \_ \_ mmol/L [ ]  FBG not measured**RBG:** \_ \_ \_ \_ mmol/L [ ]  RBG not measured**HbA1c:** \_ \_ \_ \_ mmol/mol [ ]  HbA1c not measured**LDL:** \_ \_ \_ \_ mmol/L [ ]  LDL not measured**HDL:** \_ \_ \_ \_ mmol/L [ ]  HDL not measured**TG:** \_ \_ \_ \_ mmol/L [ ]  TG not measured**Urine ACR:** \_ \_ \_ \_ mg/mmol [ ]  ACR not measured  |

**2. Any reported emergency complication(s) such as hypoglycemia, DKA during this period?**

[ ]  Yes [ ]  No

If yes, please list:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**2. Does this complication(s) require hospital admission?**

 [ ]  Yes [ ]  No (go to question 4)

**3. How many days of admission?** ……………days

**4. List of prescribed medications to patient during this period:**

|  |  |  |
| --- | --- | --- |
| **Name** | **Yes** | **No** |
| Anti-diabetes |   |  |
| Anti-hypertensive |  |  |
| Anti-depressants |  |  |
| Heart medications |  |  |
| Dyslipidemia medications |  |  |
| Kidney disease medications |  |  |
| Sleep disorder |  |  |
|  |  |  |
|  |  |  |

**5. Diabetes Medications**

|  |  |  |
| --- | --- | --- |
| **Name** | **Frequency** |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |

**Additional Notes:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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**Date Record Accessed:** \_\_/\_\_/\_\_

 dd mm yy