**MCNG Trial**

**Effect of pre-caesarean section maternal carbohydrate loading on neonatal glycaemic control: a randomized controlled trial**

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**Inclusion criteria:**

1. Pregnant women undergoing elective caesarean section
2. Term gestational age (37+0 to 41+6 weeks)
3. Singleton gestation

**Exclusion criteria:**

1. Women with gestational diabetes and diabetes mellitus
2. Fetal intrauterine growth restriction
3. Antenatally detected congenital anomaly which will require admission to neonatal nursery
4. Non English speaking

**Baseline Data**

|  |  |
| --- | --- |
| Study Number |  |
| URN |  |
| Date of Caesarean Section |  |
| Age |  |
| Weight |  |
| Height |  |
| BMI |  |

**Maternal Data**

|  |  |
| --- | --- |
| Blood glucose concentration during C/S |  |
| Antiemetic given post op?  If Yes please list | Yes / No |
| Quality of Recovery Score ( page 3 ) | To be done at 48hrs post op |
| Length of hospital stay (hrs) |  |

**Neonatal Data**

|  |  |
| --- | --- |
| Date and time of birth |  |
| Birth weight (grams) |  |
| Time of first feed (breast or formula ) |  |
| PGL at 4 hrs ( \_\_\_\_\_:\_\_\_\_\_ ) |  |
| PGL at 10 hrs ( \_\_\_\_\_:\_\_\_\_\_ ) |  |
| Formula feeds given?  If yes - number of formula feeds given | Yes / No |
| Admission to Special Care Nursery?  If yes – reason for admission | Yes / No |

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