

**Research Integrity & Ethics Administration**  
Human Research Ethics Committee

Thursday, 16 February 2017

Dr Emmanuel (Emmanouil) Stamatakis  
School of Public Health: Public Health; Sydney Medical School  
Email: emmanouil.stamatakis@sydney.edu.au

Dear Emmanuel (Emmanouil)

The University of Sydney Human Research Ethics Committee (HREC) has considered your application.

After consideration of your response to the comments raised your project has been approved.

Approval is granted for a period of four years from **16 February 2017 to 16 February 2021**

**Project title:** **Physical and Affective Wellbeing Study of dog owners (PAWS): an observational semi-randomised controlled feasibility pilot trial**

**Project no.:** **2016/921**

**First Annual Report due:** **16 February 2018**

**Authorised Personnel:** **Stamatakis Emmanuel (Emmanouil); Chia Debbie; Edwards Kate; McGreevy Paul; Bauman Adrian; Powell Lauren; Rey Lopez Juan Pablo; Sherrington Catherine;**

**Documents Approved:**

Date Uploaded	Version number	Document Name
20/01/2017	Version 1	petrescue.com.au screening questions
20/01/2017	Version 2	Eol Communication - Clean
31/10/2016	Version 1	Recruitment Flyer
31/10/2016	Version 1	PAWS Study Aspects Questionnaire
31/10/2016	Version 1	PAWS Master Questionnaire
20/01/2017	Version 1	Pool 1 Incentives schedule
20/01/2017	Version 1	Dog body condition score
31/10/2016	Version 1	Questionnaire Answer Sets to enable better interview flow
20/01/2017	Version 2	PIS Clean
20/01/2017	Version 2	Questionnaire - Clean
20/01/2017	Version 2	Screening Questions - Clean
31/10/2016	Version 1	Safety Protocol
20/01/2017	Version 1	Weighing dogs protocol
20/01/2017	Version 2	Revised Protocol - Clean
31/10/2016	Version 1	Oxytocin measurement protocol
31/10/2016	Version 1	PAWS ActivPAL_Protocol_User Guide_with sleep diary
31/10/2016	Version 1	PAWS Blood Glucose Finger Prick_Protocol_UsrGuid
31/10/2016	Version 1	PAWS Doglogbook App User Guide
31/10/2016	Version 1	PAWS Heyrex User Guide
31/10/2016	Version 1	Methodology for the Research Proposal - MASTER Research Protocol
31/10/2016	Version 1	PAWS Cortisol Protocol/Saliva sample collection instructions
31/10/2016	Version 1	PAWS Step Test Protocol



### Condition/s of Approval

- Research must be conducted according to the approved proposal.
- An annual progress report must be submitted to the Ethics Office on or before the anniversary of approval and on completion of the project.
- You must report as soon as practicable anything that might warrant review of ethical approval of the project including:
  - Serious or unexpected adverse events (which should be reported within 72 hours).
  - Unforeseen events that might affect continued ethical acceptability of the project.
- Any changes to the proposal must be approved prior to their implementation (except where an amendment is undertaken to eliminate *immediate* risk to participants).
- Personnel working on this project must be sufficiently qualified by education, training and experience for their role, or adequately supervised. Changes to personnel must be reported and approved.
- Personnel must disclose any actual or potential conflicts of interest, including any financial or other interest or affiliation, as relevant to this project.
- Data and primary materials must be retained and stored in accordance with the relevant legislation and University guidelines.
- Ethics approval is dependent upon ongoing compliance of the research with the *National Statement on Ethical Conduct in Human Research*, the *Australian Code for the Responsible Conduct of Research*, applicable legal requirements, and with University policies, procedures and governance requirements.
- The Ethics Office may conduct audits on approved projects.
- The Chief Investigator has ultimate responsibility for the conduct of the research and is responsible for ensuring all others involved will conduct the research in accordance with the above.

This letter constitutes ethical approval only.

Please contact the Ethics Office should you require further information or clarification.

Sincerely

Professor Glen Davis  
Chair  
Human Research Ethics Committee

**The University of Sydney HRECs are constituted and operate in accordance with the National Health and Medical Research Council's (NHMRC) National Statement on Ethical Conduct in Human Research (2007) and the NHMRC's Australian Code for the Responsible Conduct of Research (2007).**