



21 November 2016

A/Prof Peter McEvoy  
School of Psychology and Speech Pathology  
Curtin University  
Kent Street  
BENTLEY WA 6102

**Project (19\_2016) Evaluating the efficacy of a brief intervention for the carers of individuals with eating disorders: A randomised controlled trial**

Dear A/Professor McEvoy

The above research project was considered by the North Metropolitan Health Service - Mental Health Research Ethics and Governance Office and found to be satisfactory and compliant with the NHMRC requirements and the WA Health Research Governance Policy.

On behalf of the NMHS-MH I hereby grant formal approval to proceed with the study. Please note that this approval is conditional on the successful registration of this clinical trial on a publically accessible database prior to the recruitment of the first subject – as per Section 19 of the Declaration of Helsinki (2008).

Approval is also granted in conjunction with the Terms of Approval statement, which is attached to this letter.

This approval is granted from **21 November 2016 to 07 November 2020** (a period of four years). Initial approval is for a period of one year and thereafter for future periods of one year at a time, subject to the receipt of satisfactory annual reports within this four year period. If you would like to extend your project beyond this four year period, please write to the Research Ethics and Governance Office requesting an extension of up-to three additional years.

Please note that your project is subject to institutional monitoring in accordance with section 5.5 of the National Statement on Ethical Conduct in Human Research and with the WA Health Research Governance Policy and Procedures.

In line with these specifications, the NMHS-MH REGO will conduct planned and ad-hoc audits of all research projects. To help you to comply with the auditing requirements, please find attached to this letter research logs which you are required to maintain during the course of your project.

The NMHS-MH REGO will also require an annual statement of progress of the project, as well as a final report upon completion. It is your responsibility to provide an annual report twelve months from this date.

For more information on how to comply with the NMHS-MH human research policy and procedures, please consult the Standard Operating Procedures for the Approval of Research which is available on the NMHS-MH REGO website <http://www.nmahsmh.health.wa.gov.au/ethics/index.cfm>.

The NMHS-MH REGO wishes you well for this project.

Please quote Project Number (19\_2016) on all correspondence associated with this project and address it to:

NMHS-MH REGO  
Executive Officer  
Gascoyne House, Graylands Campus  
Locked Bag No. 1  
PO CLAREMONT WA 6910

Yours sincerely

**Roslyn Elmes**  
Executive Director, Mental Health, Public Health and Ambulatory Care  
North Metropolitan Health Service