



University Human Research Ethics Committee (UHREC)
HUMAN RESEARCH ETHICS APPROVAL CERTIFICATE
NHMRC Registered Committee Number EC00171

Date of Issue: 25/8/15 (supersedes all previously issued certificates)

Dear Dr Kristiann Heesch

This approval certificate serves as your written notice that the proposal has met the requirements of the *National Statement on Ethical Conduct in Human Research* and has been approved on that basis. You are therefore authorised to commence activities as outlined in your application, subject to any specific and standard conditions detailed in this document.

Project Details

Category of Approval: Human Committee
Approved From: 25/08/2015 **Approved Until:** 25/08/2018 (subject to annual reports)
Approval Number: 1500000562
Project Title: Exploring the effectiveness and the feasibility of a social cognitive theory-based physical activity intervention in Type 2 Diabetes patients in Yogyakarta City Indonesia

Investigator Details

Chief Investigator: Dr Kristiann Heesch

Other Staff/Students:

Investigator Name	Type	Role
Dr Tracy Washington	Internal	QUT Associate Supervisor
Dr Wara Kushartanti	External	External Associate Supervisor
Mrs Novita Intan Arovah	Student	Doctoral (Research)

Conditions of Approval

Specific Conditions of Approval:

No special conditions placed on approval by the UHREC. Standard conditions apply.

Standard Conditions of Approval:

1. Conduct the project in accordance with QUT policy, the *National Statement on Ethical Conduct in Human Research* (<http://www.nhmrc.gov.au/guidelines/publications/e72>), the *Australian Code for the Responsible Conduct of Research* (<http://www.nhmrc.gov.au/guidelines/publications/r39>), any associated legislation, guidelines or standards;
2. Gain UHREC approval for any proposed variation (<http://www.orei.qut.edu.au/human/var/>) to the project **prior** to implementation;
3. Respond promptly to the requests and instructions of UHREC;
4. Declare all actual, perceived or potential conflicts of interest;
5. Immediately advise the Office of Research Ethics and Integrity (<http://www.orei.qut.edu.au/human/adv/>) if:
 - o any unforeseen development or events occur that might affect the continued ethical acceptability of the project;
 - o any complaints are made, or expressions of concern are raised, in relation to the project;
 - o the project needs to be suspended or modified because the risks to participants now outweigh the benefits;
 - o a participant can no longer be involved because the research may harm them; and
6. Report on the progress of the approved project at least annually, or at intervals determined by UHREC. The Committee may also choose to conduct a random audit of your project.

If any details within this Approval Certificate are incorrect please advise the Research Ethics Unit within 10 days of receipt of this certificate.

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